

TUESDAY TRAINING

25/26 Season

Juniors

06:00pm - 07:30pm

Juniors Development

07:00pm - 08:30pm

Seniors

07:30pm - 09:30pm

**Location - Dormston School, Mill
Bank, Sedgley,
Dudley, DY3 1SN**



LIBRA

LIBRA NETBALL CLUB

MATCH FEES

25/26 Season

| | | |
|---|-------------------|------------------------|
| Wolverhampton League | £2 to play | 50p per quarter |
| South Staffordshire Youth League | £2 to play | 50p per quarter |
| Stourport League | £2 to play | 50p per quarter |
| Walsall League | £2 to play | 50p per quarter |
| Regional League | £2 to play | £1 per quarter |



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LEAGUE INFO

25/26 Season

**Wolverhampton
League**



Thursday Evenings



**WV Active Aldersley, Aldersley Rd,
Wolverhampton, WV6 9NW**

**South Staffs
Junior League**



Saturdays



**George Salter Academy (GSA), Davey Rd,
West Bromwich B70 9UW**

**Stourport
League**



Sundays



**The Dome, Kingsway, Stourport-on-
Severn DY13 8BQ**

**Walsall Saturday
League**



Saturdays



**The Phoenix Collegiate, Clarkes Ln, West
Bromwich B71 2BX**

**West Midlands
Regional League**



Saturdays



**University Of Wolverhampton, Walsall
Campus, Gorway Rd, Walsall WS1 3BD**



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CAPTAIN RESPONSIBILITIES

25/26 Season



Senior Captains

As a senior team captain, you are expected to:

- **Input into Tuesday training: provide coaches with feedback on last week's game and look ahead to the upcoming match.**
- **Bring bibs for your team each week.**
- **Match report rotation: organise who will write the match report each week.**
- **Match ball: bring the ball if your league requires you to provide one.**
- **Pre-match toss: complete the toss with the opposition captain before the game starts.**
- **Warm-up: ensure your team completes an adequate warm-up, starting promptly and ready for first centre pass.**
- **Lead by example on and off the court.**
- **Communicate clearly with your team and umpires.**
- **Motivate your team, keeping morale high whether winning or losing.**
- **Help maintain discipline and sportsmanship at all times.**
- **Ensure players are rotated and supported as needed in line with coaching decisions.**

Junior Captains

As a junior team captain, you are expected to:

- **Match ball: bring the ball if your league requires you to provide one.**
- **Pre-match toss: complete the toss with the opposition captain before the game starts.**
- **Warm-up: lead your team in an adequate warm-up, ensuring everyone is prepared and ready to play.**
- **Set a positive example for your teammates.**
- **Support and encourage your team, making sure everyone feels included.**
- **Communicate well with umpires and coaches.**
- **Show respect, teamwork, and sportsmanship at all times.**